



**DEPARTMENT OF NUTRITION AND DIETETICS - City: Trikala**

**Lessons offered to Incoming Erasmus Students for academic year 2022-2023**

**Students can choose courses by both lists**

**Offered courses (by tutoring) in English language:**

WINTER SEMESTER					
CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
INT-1101	General and Inorganic Chemistry	5	1	Manouras Athanasios	<a href="mailto:amanouras@uth.gr">amanouras@uth.gr</a>
INT-3101	Food Chemistry and Analysis	5	3	Manouras Athanasios	<a href="mailto:amanouras@uth.gr">amanouras@uth.gr</a>
INT-3102	Biochemistry	5	3	Veskoukis Aristidis	<a href="mailto:veskoukis@uth.gr">veskoukis@uth.gr</a>
INT-3103	Research Methods	5	3	Metsios George	<a href="mailto:g.metsios@uth.gr">g.metsios@uth.gr</a>
INT-5101	Clinical Nutrition I	6	5	Androutsos Odysseas	<a href="mailto:oandroutsos@uth.gr">oandroutsos@uth.gr</a>
INT-5103	Sports Nutrition	6	5	Georgakouli Kalliopi	<a href="mailto:kgeorgakouli@uth.gr">kgeorgakouli@uth.gr</a>
INT-5105	Pediatric Nutrition	3	5	Papagianni Maria / Androutsos Odysseas	<a href="mailto:mpapag@uth.gr">mpapag@uth.gr</a> / <a href="mailto:oandroutsos@uth.gr">oandroutsos@uth.gr</a>
INT-5106	Evidence-based Practice in Life Sciences	4	5	Metsios George	<a href="mailto:g.metsios@uth.gr">g.metsios@uth.gr</a>
INT-5108	Developmental Psychology I	3	5	Bonoti Fotini	<a href="mailto:fbonoti@uth.gr">fbonoti@uth.gr</a>
INT-7105	Research and Development of New Products	3	7	Manouras Athanasios	<a href="mailto:amanouras@uth.gr">amanouras@uth.gr</a>
SPRING SEMESTER					
CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
INT-2101	Organic Chemistry	5	2	Manouras Athanasios	<a href="mailto:amanouras@uth.gr">amanouras@uth.gr</a>
INT-2102	Human Physiology II	5	2	Papagianni Maria	<a href="mailto:mpapag@uth.gr">mpapag@uth.gr</a>
INT-2105	Nutritional Assessment	6	2	Androutsos Odysseas	<a href="mailto:oandroutsos@uth.gr">oandroutsos@uth.gr</a>
INT-4105	Nutritional Epidemiology	5	4	Kosti Rena	<a href="mailto:renakosti@uth.gr">renakosti@uth.gr</a>
INT-6103	Clinical Exercise Physiology	5	6	Metsios George	<a href="mailto:g.metsios@uth.gr">g.metsios@uth.gr</a>
INT-6104	Technology, Safety and Quality Control of Food	5	6	Manouras Athanasios	<a href="mailto:amanouras@uth.gr">amanouras@uth.gr</a>
INT-6105	Clinical Nutrition II	6	6	Georgakouli Kalliopi	<a href="mailto:kgeorgakouli@uth.gr">kgeorgakouli@uth.gr</a>
INT-6107	Functional Foods	3	6	Manouras Athanasios	<a href="mailto:amanouras@uth.gr">amanouras@uth.gr</a>

**Offered courses in English language by lectures:**

<b>WINTER SEMESTER</b>					
<b>CODE</b>	<b>COURSE</b>	<b>ECTS</b>	<b>Semester</b>	<b>PROFESSOR:</b>	<b>Email:</b>
INT-7106	Free Radicals and Antioxidants in Nutrition	3	7	Veskoukis Aristidis	<a href="mailto:veskoukis@uth.gr">veskoukis@uth.gr</a>
<b>SPRING SEMESTER</b>					
<b>CODE</b>	<b>COURSE</b>	<b>ECTS</b>	<b>Semester</b>	<b>PROFESSOR:</b>	<b>Email:</b>
INT-8107	Exercise, Mental Health and Quality of Life	3	8	Morres Ioannis	<a href="mailto:iomorres@pe.uth.gr">iomorres@pe.uth.gr</a>