



UNIVERSITY OF
THESSALY

SPORTS EDUCATION OFFICE (LARISSA) – UNIVERSITY OF THESSALY

WINTER SEMESTER 2019 – 2020 TIMETABLE

DAYS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPORTS ACTIVITIES					
GYM	09:00-13:45 15:30-18:45	09:00-13:45 15:30-18:45	09:00-13:45 15:30-18:45	09:00-13:45 15:30-18:45	09:00-13:45 15:00-18:00
BASKETBALL (5X5)	16:00-19:00	16:00-19:00 19:00-22:00		16:00-19:00 19:00-22:00	
ARGENTINE TANGO		19:00-20:30			
LATIN – BACHATA – KIZOMBA - SALSA			16:00-17:00		
MODERN DANCING	16:00-18:00				
BELLY DANCING				17:00-18:00	
BREAKDANCING					14:00-15:30
TRADITIONAL DANCES	15:00-16:00	16:00-18:00		16:00-17:00	
POLE DANCING		20:00-22:00		20:00-22:00	
REGGAETON				16:00-17:00	
KENDO MARTIAL ART			14:00-16:00		
CAPOEIRA		15:30-17:00	15:30-17:00		
TAE KWON DO	12:00-14:00				



UNIVERSITY OF
THESSALY

ARCHERY	12:00-13:00		12:00-13:00		
BASEBALL		12:00-13:00		12:00-13:00	
TENNIS	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00
TABLE TENNIS	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00
VOLLEYBALL	18:00-20:00		16:00-20:00	16:00-20:00	14:00-18:00
SEPAK TAKRAW	11:00-13:00		11:00-13:00		
FOOTBALL (5X5)	19:00-22:00	19:00-22:00	19:00-22:00	19:00-22:00	19:00-22:00
FOOTBALL (11X11)	15:00-18:00	15:00-18:00	15:00-18:00	15:00-18:00	15:00-18:00
WOMEN'S FOOTBALL	18:00-19:00		18:00-19:00		
CHESS	10:00-18:00	10:00-18:00	10:00-18:00	10:00-18:00	10:00-18:00
BADMINTON	10:00-18:00			10:00-18:00	10:00-18:00

- Dance Aerobic, Pilates, Zumba, Hip Hop (upcoming classes)

OUTDOOR ACTIVITIES

- Hiking Mount Olympus (19-10-2019 & 11-04-2020)
- Rafting in Arachthos river (09-11-2019 & 08-05-2020)
 - Ski-Snowboard (Vasilitsa ski center) (18-01-2020)
 - Canoa Kayak (Kerkini Lake) (22-05-2020)
 - Hiking Mount Kissavos (06-06-2020) (Calypso's Canyon)
- First Aid Seminar (06-11-2019) (Gym of the University of Thessaly-Gaiopolis)
- 12th Student Week of athletic and cultural events (29-05-2020) (Central Square of Larissa)



UNIVERSITY OF
THESSALY

- Requirements:**
1. Application Form (available at the Sports Education Office)
 2. Pathologist's or cardiologist's certification
 3. Two ID photos.
 4. Photocopy of student card or studies certificate

Information - Registrations: Every day from 09:00 to 14:00, at the Sports Education Office. Tel. 2410 684347, 6947521370 (What's up), 6982287089 (George Boutlas), e-mail: boutlas@teilar.gr

Site: sports.teilar.gr

* The above-mentioned timetable is about the students of the University of Thessaly in the city of Larissa