



DEPARTMENT OF Nutrition and Dietetics- City:TRIKALA

Lessons offered to Incoming Erasmus Students for academic year 2025-2026

(<http://dnd.uth.gr/index.php/en/studies/undergraduate-studies/undergrad-courses-catalog>)

Offered courses (by tutoring):

WINTER SEMESTER					
CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
INT-1101	General and Inorganic Chemistry	5	1	Manouras Athanasios	amanouras@uth.gr
INT-3101	Food Chemistry and Analysis	5	3	Manouras Athanasios	amanouras@uth.gr
INT-3102	Biochemistry	5	3	Veskoukis Aristidis	veskoukis@uth.gr
INT-3103	Research Methods	5	3	Metsios George	g.metsios@uth.gr
INT-5101	Clinical Nutrition I	6	5	Androutsos Odysseas	oandroutsos@uth.gr
INT-5103	Sports Nutrition	6	5	Georgakouli Kalliopi	kgeorgakouli@uth.gr
INT-5105	Pediatric Nutrition	3	5	Papagianni Maria	mpapag@uth.gr
INT-5106	Introduction to Evidence-based Practice in Health Sciences	4	5	Metsios George	g.metsios@uth.gr
INT-5108	Developmental Psychology I	3	5	Bonoti Fotini	fbonoti@uth.gr
INT-7106	Research and Development of New Products	3	7	Manouras Athanasios	amanouras@uth.gr
SPRING SEMESTER					
CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
INT-2101	Organic Chemistry	5	2	Manouras Athanasios	amanouras@uth.gr
INT-2105	Nutritional Assessment	6	2	Androutsos Odysseas	oandroutsos@uth.gr
INT-4105	Nutritional Epidemiology	5	4	Kosti Rena	renakosti@uth.gr

INT-6103	Clinical Exercise Physiology	5	6	Metsios George	g.metsios@uth.gr
INT-6104	Technology, Safety and Quality Control of Food	5	6	Manouras Athanasios	amanouras@uth.gr
INT-6105	Clinical Nutrition II	6	6	Georgakouli Kalliopi	kgeorgakouli@uth.gr
INT-6107	Functional Foods	3	6	Veskoukis Aristidis	veskoukis@uth.gr

Offered courses in English language:

WINTER SEMESTER					
CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
INT-7108	Free Radicals and Antioxidants in Nutrition	3	7	Veskoukis Aristidis	veskoukis@uth.gr
SPRING SEMESTER					
CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
INT-6108	Marketing of Products and Services	3	6	Kosti Rena	renakosti@uth.gr