



UNIVERSITY OF  
THESSALY

**DEPARTMENT OF NUTRITION AND DIETETICS – City: Trikala**

**Lessons offered to Incoming Erasmus Students for academic year 2024-2025**

**Offered courses by tutoring in English:**

WINTER SEMESTER					
CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
INT-1101	<a href="#">General and Inorganic Chemistry</a>	5	1	Manouras Athanasios	<a href="mailto:amanouras@uth.gr">amanouras@uth.gr</a>
INT-3101	<a href="#">Food Chemistry and Analysis</a>	5	3	Manouras Athanasios	<a href="mailto:amanouras@uth.gr">amanouras@uth.gr</a>
INT-3102	<a href="#">Biochemistry</a>	5	3	Veskoukis Aristidis	<a href="mailto:veskoukis@uth.gr">veskoukis@uth.gr</a>
INT-3103	<a href="#">Research Methods</a>	5	3	Metsios George	<a href="mailto:g.metsios@uth.gr">g.metsios@uth.gr</a>
INT-5101	<a href="#">Clinical Nutrition I</a>	6	5	Androutsos Odysseas	<a href="mailto:oandroutsos@uth.gr">oandroutsos@uth.gr</a>
INT-5103	<a href="#">Sports Nutrition</a>	6	5	Georgakouli Kalliopi	<a href="mailto:kgeorgakouli@uth.gr">kgeorgakouli@uth.gr</a>
INT-5105	<a href="#">Pediatic Nutrition</a>	3	5	Papagianni Maria	<a href="mailto:mpapag@uth.gr">mpapag@uth.gr</a>
INT-5106	<a href="#">Introduction to Evidence-based Practice in Health Sciences</a>	4	5	Metsios George	<a href="mailto:g.metsios@uth.gr">g.metsios@uth.gr</a>
INT-5108	<a href="#">Developmental Psychology I</a>	3	5	Bonoti Fotini	<a href="mailto:fbonoti@uth.gr">fbonoti@uth.gr</a>
INT-7106	<a href="#">Research and Development of New Products</a>	3	7	Manouras Athanasios	<a href="mailto:amanouras@uth.gr">amanouras@uth.gr</a>
SPRING SEMESTER					
CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
INT-2101	<a href="#">Organic Chemistry</a>	5	2	Manouras Athanasios	<a href="mailto:amanouras@uth.gr">amanouras@uth.gr</a>
INT-2105	<a href="#">Nutritional Assessment</a>	6	2	Androutsos Odysseas	<a href="mailto:oandroutsos@uth.gr">oandroutsos@uth.gr</a>
INT-4105	<a href="#">Nutritional Epidemiology</a>	5	4	Kosti Rena	<a href="mailto:renakosti@uth.gr">renakosti@uth.gr</a>
INT-6103	<a href="#">Clinical Exercise Physiology</a>	5	6	Metsios George	<a href="mailto:g.metsios@uth.gr">g.metsios@uth.gr</a>
INT-6104	<a href="#">Technology, Safety and Quality Control of Food</a>	5	6	Manouras Athanasios	<a href="mailto:amanouras@uth.gr">amanouras@uth.gr</a>
INT-6105	<a href="#">Clinical Nutrition II</a>	6	6	Georgakouli Kalliopi	<a href="mailto:kgeorgakouli@uth.gr">kgeorgakouli@uth.gr</a>
INT-6107	<a href="#">Functional Foods</a>	3	6	Manouras Athanasios	<a href="mailto:amanouras@uth.gr">amanouras@uth.gr</a>

**Offered courses by lectures in English:**

WINTER SEMESTER					
CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
INT-7108	<a href="#">Free Radicals and Antioxidants in Nutrition</a>	3	7	Veskoukis Aristidis	<a href="mailto:veskoukis@uth.gr">veskoukis@uth.gr</a>
SPRING SEMESTER					
CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
INT-6108	<a href="#">Marketing of Products and Services</a>	3	6	Kalafati Ioanna-Panagiota	<a href="mailto:ikalafati@uth.gr">ikalafati@uth.gr</a>