

DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SCIENCE

City: TRIKALA

**Courses offered to Incoming Erasmus Students for academic year 2024/2025**

Offered courses (by tutoring): <http://www.pe.uth.gr/index.php/en/studies/undergraduate-studies/course-guide>

Offered courses in English language (by lectures):

<http://www.pe.uth.gr/index.php/en/studies/undergraduate-studies/course-guide>

WINTER SEMESTER						
A/A	CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
1	INT-101	Physical Conditioning in Basketball	6	WINTER	Gerodimos V., Ioakimidis P.	<a href="mailto:bgerom@uth.gr">bgerom@uth.gr</a>
2	INT-102	Teaching in Physical Education	6	WINTER	Kolovelonis A., Chatzipanteli, A.	<a href="mailto:akolov@uth.gr">akolov@uth.gr</a>
3	INT-103	Exercise Physiology	6	WINTER	C. Karatzaferi	<a href="mailto:ck@uth.gr">ck@uth.gr</a>
4	INT-104	Adapted Physical Education	6	WINTER	Kokaridas D., Magouritsa G.	<a href="mailto:dkokar@uth.gr">dkokar@uth.gr</a>
5	INT-105	Exercise for older adults	6	WINTER	Zisi V.	<a href="mailto:vzisi@uth.gr">vzisi@uth.gr</a>
6	INT-106	Sport Psychology	6	WINTER	Comoutos N., Hatzigeorgiadis A.	<a href="mailto:nzourba@uth.gr">nzourba@uth.gr</a>
7	INT-107	Health Education	6	WINTER	Hassandra M.	<a href="mailto:mzasad@pe.uth.gr">mzasad@pe.uth.gr</a>
8	INT-108	Writing Research	6	WINTER	Zisi V.	<a href="mailto:vzisi@uth.gr">vzisi@uth.gr</a>
9	INT-109	Motor Learning	6	WINTER	Pollatou, E.	<a href="mailto:epolatou@uth.gr">epolatou@uth.gr</a>
10	INT-110	Sociology of Education	6	WINTER	Bekiari A.	<a href="mailto:sandrab@uth.gr">sandrab@uth.gr</a>
11	INT-111	Sports Physiotherapy	6	WINTER	Tsaklis, P.	<a href="mailto:tsaklis@uth.gr">tsaklis@uth.gr</a>
12	INT-311	Motor Creativity	4	WINTER	Pollatou, E.	<a href="mailto:epolatou@uth.gr">epolatou@uth.gr</a>
13	INT-307	Yoga-Pilates Dance	4	WINTER	Zafiroudi, A.	<a href="mailto:azafeiroudi@uth.gr">azafeiroudi@uth.gr</a>



SPRING SEMESTER						
	CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
14	INT-203	Biomechanics	6	SPRING	Giakas Y., Tsiokanos A., Tsaklis P.	<a href="mailto:ggiakas@uth.gr">ggiakas@uth.gr</a>
15	INT-204	Sport Pedagogy	6	SPRING	Bekiari A.	<a href="mailto:sandrab@uth.gr">sandrab@uth.gr</a>
16	INT-205	Clinical Nutrition	6	SPRING	Jamurtas A.	<a href="mailto:ajamurt@uth.gr">ajamurt@uth.gr</a>
17	INT-206	Exercise and Chronic Diseases	6	SPRING	Flouris, A.	<a href="mailto:aflouris@uth.gr">aflouris@uth.gr</a>
18	INT-207	Ergonomics	6	SPRING	Tsaklis, P.	<a href="mailto:tsaklis@uth.gr">tsaklis@uth.gr</a>
19	INT-208	Information Technology Applications in Sport and Physical Education	6	SPRING	Papastergiou M.	<a href="mailto:mpapas@uth.gr">mpapas@uth.gr</a>
20	INT-209	Ergogenics	6	SPRING	Karatzafeni C., Sakkas G.K.	<a href="mailto:ck@uth.gr">ck@uth.gr</a>
21	INT-210	Applied Sport Physiology	6	SPRING	Voutselas V.	<a href="mailto:vvouts@pe.uth.gr">vvouts@pe.uth.gr</a>
22	INT-312	Aerobic Dance	4	SPRING	Pollatou, E.	<a href="mailto:epolatou@uth.gr">epolatou@uth.gr</a>
23	INT-313	Preschool physical education	4	SPRING	Chatzipanteli, A.	<a href="mailto:athxatzipan@uth.gr">athxatzipan@uth.gr</a>
BOTH SEMESTERS						
	CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:
24	INT-301	Traditional Greek Folk Dances	4	Both	Dimas Y.	<a href="mailto:jdimas@pe.uth.gr">jdimas@pe.uth.gr</a>
25	INT-302	Football	4	Both	Batsilas, D.	<a href="mailto:batsilas@pe.uth.gr">batsilas@pe.uth.gr</a>
26	INT-303	Track and Field	4	Both	Voutselas V.	<a href="mailto:vvouts@pe.uth.gr">vvouts@pe.uth.gr</a>

27	INT-304	Volleyball	4	Both	Patsiaouras A.	<a href="mailto:spats@pe.uth.gr">spats@pe.uth.gr</a>
28	INT-305	Basketball	4	Both	Tsimeas P.	<a href="mailto:ptsimeas@pe.uth.gr">ptsimeas@pe.uth.gr</a>
29	INT-306	Artistic Gymnastics	4	Both	Mellos V.	<a href="mailto:billmellos@pe.uth.gr">billmellos@pe.uth.gr</a>
30	INT-309	Tennis	4	Both	Comoutos N., Papadimitriou D.	<a href="mailto:nzourba@uth.gr">nzourba@uth.gr</a>
31	INT-310	Swimming	4	Both	Hatzigeorgiadis, A., Galanis, E.	<a href="mailto:ahatzi@uth.gr">ahatzi@uth.gr</a> <a href="mailto:egalanis@uth.gr">egalanis@uth.gr</a>
32	INT-400	Greek Language	3	Both	Kalbeni, S.	<a href="mailto:kalbenisotiria@yahoo.gr">kalbenisotiria@yahoo.gr</a>

**COURSES ONLY FOR POSTGRADUATE STUDENTS (2st cycle/EQF7):**

WINTER SEMESTER					
CO DE	COURSE	ECTS	Semester	Tutoring/English	Professor/Email:
M1	Psychological Foundations of Sport and Physical Activity	7	1 <sup>st</sup>	English	Hatzigeorgiadis A. <a href="mailto:ahatzi@uth.gr">ahatzi@uth.gr</a>
M2	Psychological Skills in Physical Activity and Sports	7	1 <sup>st</sup>	English	Comoutos N., <a href="mailto:nzourba@uth.gr">nzourba@uth.gr</a>
M3	Psychology in Physical Education and Youth Sports	7	1 <sup>st</sup>	English	Papaioannou A. <a href="mailto:sakispap@uth.gr">sakispap@uth.gr</a>
M4	Research Methods and Statistics	7	1 <sup>st</sup>	English	Hatzigeorgiadis A., Comoutos N. <a href="mailto:ahatzi@uth.gr">ahatzi@uth.gr</a>
M8	Quantitative and Qualitative Data Analysis	7	3 <sup>rd</sup>	English	Goudas M., Comoutos N. <a href="mailto:mgoudas@uth.gr">mgoudas@uth.gr</a>
M15	Clinical Exercise Psychology	7	3 <sup>rd</sup>	English	Morres I. <a href="mailto:imorrsap@gmail.com">imorrsap@gmail.com</a>
EU	European Dimension of Sport and Exercise Psychology	7	3 <sup>rd</sup>	English	Invited
SPRING SEMESTER					
CO DE	COURSE	ECTS	Semester	Tutoring/English	Professor/Email
EU	European Dimension of Sport and Exercise Psychology	7	2 <sup>nd</sup>	English	Invited



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THESSALY

M6	ICT in Physical Education and Sport: e-Learning Platforms and Multimedia Development	7	2 <sup>nd</sup>	English	Papaioannou A., Bouglas V. <a href="mailto:bbouglas@uth.gr">bbouglas@uth.gr</a>
M5	Exercise Psychology and Health Education	7	2 <sup>nd</sup>	English	Hassandra M. <a href="mailto:mxasad@pe.uth.gr">mxasad@pe.uth.gr</a>
M10	Nutritional Behaviour and Education	7	2 <sup>nd</sup>	English	Androutsos O. oandroutsos@uth.gr
M7	Counseling Principles and Skills	7	2 <sup>nd</sup>	English	Patsiaouras A. <a href="mailto:spats@pe.uth.gr">spats@pe.uth.gr</a>