



UNIVERSITY OF
THESSALY

**DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SCIENCE –
City: TRIKALA**

Courses offered to Incoming Erasmus Students for academic year 2026/2027

Offered courses (by tutoring): <http://www.pe.uth.gr/index.php/en/studies/undergraduate-studies/course-guide>

Offered courses in English language (by lectures):
<http://www.pe.uth.gr/index.php/en/studies/undergraduate-studies/course-guide>

WINTER SEMESTER							
A/A	CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:	Teaching Method
1	INT-101	Physical Conditioning in Basketball	6	WINTER	Gerodimos V., Ioakimidis P.	bgerom@uth.gr	Lectures-Tutoring & essays
2	INT-102	Teaching in Physical Education	6	WINTER	Kolovelonis A., Chatzipanteli, A.	akolov@uth.gr	Lectures-Tutoring & essays
3	INT-103	Exercise Physiology	6	WINTER	C. Karatzaferi	ck@uth.gr	Lectures-Tutoring & essays
4	INT-104	Adapted Physical Education	6	WINTER	Kokaridas D., Magouritsa G.	dkokar@uth.gr	Lectures-Tutoring & essays
5	INT-105	Exercise for older adults	6	WINTER	Zisi V.	vzisi@uth.gr	Lectures-Tutoring & essays
6	INT-106	Sport Psychology	6	WINTER	Comoutos N., Hatzigeorgiadis A.	nzourba@uth.gr	Lectures-Tutoring & essays
7	INT-107	Health Education	6	WINTER	Hassandra M.	mxasad@pe.uth.gr	Lectures-Tutoring & essays
8	INT-108	Writing Research	6	WINTER	Zisi V.	vzisi@uth.gr	Lectures-Tutoring & essays
9	INT-109	Motor Learning	6	WINTER	Pollatou, E.	epolatou@uth.gr	Lectures-Tutoring & essays
10	INT-110	Sociology of Education	6	WINTER	Bekiari A.	sandrab@uth.gr	Lectures-Tutoring & essays
11	INT-111	Sports Physiotherapy	6	WINTER	Tsaklis, P.	tsaklis@uth.gr	Lectures-Tutoring & essays
12	INT-311	Gymnastics for All	4	WINTER	Pollatou, E.	epolatou@uth.gr	Lectures-Tutoring & essays
13	INT-306	Artistic Gymnastics	4	Both	Mellos V.	billmellos@pe.uth.gr	Lectures-Tutoring & essays

SPRING SEMESTER							
	CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:	
15	INT-203	Biomechanics	6	SPRING	Giakas Y., Tsiokanos A., Tsaklis P.	ggiakas@uth.gr	Lectures- Tutoring & essays
16	INT-204	Sport Pedagogy	6	SPRING	Bekiari A.	sandrab@uth.gr	Lectures- Tutoring & essays
17	INT-205	Clinical Nutrition	6	SPRING	Jamurtas A.	ajamurt@uth.gr	Lectures- Tutoring & essays
18	INT-206	Exercise and Chronic Diseases	6	SPRING	Flouris, A.	aflouris@uth.gr	Lectures- Tutoring & essays
19	INT-207	Ergonomics	6	SPRING	Tsaklis, P.	tsaklis@uth.gr	Lectures- Tutoring & essays
20	INT-208	Information Technology Applications in Sport and Physical Education	6	SPRING	Papastergiou M.	mpapas@uth.gr	Lectures- Tutoring & essays
21	INT-209	Ergogenics	6	SPRING	Karatzaferi C., Sakkas G.K.	ck@uth.gr	Lectures- Tutoring & essays
22	INT-210	Applied Sport Physiology	6	SPRING	Voutselas V.	vvouts@pe.uth.gr	Lectures- Tutoring & essays
23	INT-312	Aerobic Dance	4	SPRING	Pollatou, E.	epolatou@uth.gr	Lectures- Tutoring & essays
24	INT-313	Preschool physical education	4	SPRING	Chatzipanteli, A.	athxatzipan@uth.gr	Lectures- Tutoring & essays
BOTH SEMESTERS							
	CODE	COURSE	ECTS	Semester	PROFESSOR:	Email:	Lectures- Tutoring & essays
25	INT-301	Traditional Greek Folk Dances	4	Both	Dimas Y.	jdimas@pe.uth.gr	Lectures- Tutoring & essays
26	INT-302	Football	4	Both	Batsilas, D.	batsilas@pe.uth.gr	Lectures- Tutoring & essays
27	INT-303	Track and Field	4	Both	Voutselas V.	vvouts@pe.uth.gr	Lectures- Tutoring & essays
28	INT-304	Volleyball	4	Both	Patsiaouras A.	spats@pe.uth.gr	Lectures- Tutoring & essays
29	INT-305	Basketball	4	Both	Tsimeas P.	ptsimeas@pe.uth.gr	Lectures- Tutoring & essays
30	INT-309	Tennis	4	Both	Comoutos N., Papadimitriou D.	nzourba@uth.gr	Lectures- Tutoring & essays

31	INT-310	Swimming	4	Both	Hatzigeorgiadis, A., Galanis, E.	ahatzi@uth.gr egalanis@uth.gr	Lectures- Tutoring & essays
32	INT-400	Greek Language	3	Both	Kalbeni, S.	kalbenisotiria@yahoo.gr	Lectures- Tutoring & essays

COURSES ONLY FOR POSTGRADUATE STUDENTS (2st cycle/EQF7)

WINTER SEMESTER					
CODE	COURSE	ECTS	Semester	Teaching Method	PROFESSOR: Email:
MA02	Psychological Foundations of Sport and Physical Activity	7	1 st	Tutoring & essays	Hatzigeorgiadis A. ahatzi@uth.gr
MA03	Psychological Skills in Physical Activity and Sports	7	1 st	Tutoring & essays	Comoutos N., nzourba@uth.gr
MA04	Psychology in Physical Education and Youth Sports	7	1 st	Tutoring & essays	Papaioannou A., sakisap@uth.gr
MA01	Research Methods and Statistics	7	1 st	Tutoring & essays	Hatzigeorgiadis A., Comoutos N. ahatzi@uth.gr
MF8	Quantitative and Qualitative Data Analysis	7	3 rd	Tutoring & essays	Goudas M., Comoutos N. mgoudas@uth.gr
MF15	Clinical Exercise Psychology	7	3 rd	Tutoring & essays	Morres I. imorrsap@gmail.com
LPSS015	European Dimension of Sport and Exercise Psychology	7	3 rd	Tutoring & essays	Invited
SPRING SEMESTER					
CODE	COURSE	ECTS	Semester	Teaching Method	PROFESSOR: Email:
LPSS015	European Dimension of Sport and Exercise Psychology	7	2 nd	Tutoring & essays	Invited
MB06	ICT in Physical Education and Sport: e-Learning Platforms and Multimedia Development	7	2 nd	Tutoring & essays	Papaioannou A., Bouglas V. bbouglas@uth.gr
M11	Exercise Psychology and Health Education	7	2 nd	Tutoring & essays	Hassandra M. mzasad@pe.uth.gr
MB12	Nutritional Behaviour and Education	7	2 nd	Tutoring & essays	Androutsos O. oandroutsos@uth.gr
M9	Counseling Principles and Skills	7	2 nd	Tutoring & essays	Patsiaouras A. spats@pe.uth.gr